

Therapeutic Massage Certificate

2-year pathway

www.pima.edu/massage-cert

Learn techniques to alleviate chronic pain, reduce stress, strengthen the immune system, and promote healing through therapeutic massage. Program includes clinical practice in a professional atmosphere and prepares students for the national therapeutic massage and bodywork exam and state licensure.

Selective Admissions Program: In order to be fully admitted to this program, you must fulfill the requirements listed on the program website. See the website or an advisor for details.

Title IV Financial Aid eligible: Yes

What can I do with this certificate?

Career options: Work as a massage therapist in a variety of wellness, medical and corporate facilities, on cruise ships or as a private practitioner.

Academic options: This program may apply toward a Bachelor of Applied Science (BAS). See an advisor.

CHOOSE YOUR COURSES WITH YOUR COLLEGE ADVISOR

Placement

Students must meet prerequisite standards before taking WRT 101, required in the pathway below. If you are not prepared for these courses based on placement results you will need to take courses to build your skills prior to taking them. The sequence of courses follows.

Reading: ICS 079 > REA 081 > REA 091

Writing: ICS 079 > WRT 090 > WRT 101 (or WRT 101S can replace both WRT 090 and WRT 101)

Semester Pathway

This pathway is a suggested sequence of courses for full-time students. Part-time students or those with specific interests or transfer needs are encouraged to work with an advisor to develop a unique academic map.

Semester 1 - Fall (Semester Total: 9 credits)

BIO 160IN: Introduction to Human Anatomy and Physiology (4 credits)

STU 100: College Study Skills (1 credit)

TMA 101: Introduction to Massage Therapy (2 credits)

TMA 120: Professionalism and Ethics for Massage Therapists (2 credits)

Semester 2 - Spring (Semester Total: 9 credits)

TMA 215: Introduction to Pathology for Massage and Bodywork (3 credits)

WED 110: Introduction to Complementary and Alternative Medicine (3 credits)

WRT 101: English Composition I (3 credits)

Semester 3 - Fall (Semester Total: 13 credits)

MAT 106: Elementary Data Analysis with Spreadsheets (2 credits)

TMA 201IN: Therapeutic Massage Practice I (6 credits)

TMA 210: Fundamentals of Kinesiology (3 credits)

WED 111: Self Care for Personal Wellness (2 credits)

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Semester 4 - Spring (Semester Total: 13 credits)

TMA 202IN: Therapeutic Massage Practice II (6 credits)

TMA 202LC: Therapeutic Massage Practice Clinical Lab I (1 credit)

TMA 222: Business Management for Massage and Bodywork Practitioners (2 credits)

TMA 290LC: Therapeutic Massage Clinical (3 credits)

TMA 291: Therapeutic Massage Internship (1 credit)

PROGRAM TOTAL: 44 credits

Gainful Employment info: www.pima.edu/ge-crttma

**Find more information about this program at:
www.pima.edu/massage-cert**