

Join the fight against the flu



Flu season is coming up. With both the flu and COVID-19 spreading in the fall and winter, getting the flu vaccine will be more important than ever.

Who should get vaccinated?

The Centers for Disease Control and Prevention (CDC) recommends that everyone six months and older should get a flu vaccine each year. It's especially important that certain people get vaccinated either because they are at high risk of having serious flu-related complications, or because they live with or care for people who are at high risk for developing flu-related complications. If you have questions about whether or not you should get a flu vaccine, consult your healthcare provider.

Where to get the flu vaccine?

Flu shots will be available at a variety of locations statewide through Blue Cross® Blue Shield® of Arizona (BCBSAZ) providers such as:

1 BCBSAZ in-network providers
See your regular doctor or primary care provider to get your flu shot. Don't have a regular doctor? Register or log in to your MyBlue account at azblue.com. There you can search for providers in your network. Make sure to check that they are offering the flu vaccine when you make your appointment.

2 Flu clinics in your area
For information on dates, times, and locations, look for ads in your local newspaper, or flyers at nearby grocery stores and pharmacies.

3 Your employer
Flu shots may be offered through your work; check with your company for more information.



COVID-19 AND FLU

- Influenza (flu) and COVID-19 are both contagious respiratory illnesses, but they are caused by different viruses.
- Annual flu vaccination is an effective way to decrease flu illnesses, hospitalizations, and deaths.
- Getting a flu vaccine could protect vulnerable populations at risk and it will keep healthcare resources available for those with more serious needs.

For more information on the flu, visit cdc.gov/flu or espanol.cdc.gov/flu

You must show your member ID card at the time of service. Services are based on the benefits available for your health plan. Out-of-pocket costs will depend on the provider.

To learn more about your benefits or if a provider is in your plan's network, call the member service number on the back of your ID card or visit azblue.com/MyBlue.



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