

Try the new

Pima Fitness Pass

FREE ACCESS to
Pima Community College
Fitness Centers!*

For Pima students taking 1 or more credits

**Access to West and Desert Vista campus fitness centers only*

- Follow a weight-training program on an accessible app, with the guidance of the on-duty personal trainer
- Use the QR code on each piece of equipment for detailed information on targeted muscles, proper body mechanics and suggested use
- Personal training and fitness assessments not included (register for FAW110F1, if interested)



**To REGISTER,
scan the QR code**

<https://forms.gle/bjCjMfc74zyGCGyv5>

West Campus Hours

6 a.m.-7 p.m. M-Th

6 a.m.-1 p.m. Fr

11 a.m.-4 p.m. Sa

Desert Vista Hours

11 a.m.-2 p.m. M-F

3-6:30 p.m. Tu-Th

For more information

Luis Rivera, lriviera38@pima.edu

This is a one-year pilot program to promote the well-being of Pima students.