

Section: Employee Assistance Program

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Sponsoring Unit/Department: Employee Service Center

Employee Assistance Program

The College provides services through an Employee Assistance Program (EAP). The EAP provides free short-term counseling and referral services to covered employees and their immediate families.

The counseling and support services are confidential and cover a wide range of concerns, such as those related to marriage and family, relationships, divorce and separation, financial concerns, personal and interpersonal problems, eldercare issues, alcohol and other drug problems, stress management, work issues, anxiety and depression. Day, evening, and weekend appointments are available. Emergency help is available by phone 24 hours a day. Further details concerning these services may be obtained via the Intranet > Employee Service Center > Wellness.