

# Health Declaration/Technical Standards Essential for Phlebotomy Practice



**A licensed health care provider (M.D., D.O., N.P. or P.A.) must read and complete this form.**

## Student Applicant Contact Information

Student name: \_\_\_\_\_ Student ID#: \_\_\_\_\_  
Last, First, Middle Initial

Street address: \_\_\_\_\_ Phone #: \_\_\_\_\_  
City, State, ZIP

Pima email (required): \_\_\_\_\_ Alternate email (optional): \_\_\_\_\_

## Health Declaration

Phlebotomy Program students must meet and/or perform the Technical Standards Essential for Phlebotomy Practice. These technical standards include physical activities that students must perform in the skills lab and clinical portion of the program, with or without reasonable accommodation.

## Physical Examination

In conducting your physical examination to determine whether the above-named applicant is capable of meeting the Technical Standards Essential for Phlebotomy Practice listed on the next page, please include an evaluation of the ability of the student to meet the technical standards listed below.

## Exposure and Hazards

Laboratory Professionals, including Phlebotomists, are at high risk for exposure to fumes, airborne particles, moving mechanical parts, toxic or caustic chemicals, infectious organisms, electric shock, vibration and exposure to blood and body fluids. Personal Protective Equipment (PPE) will be provided but does not protect against all exposure. Good safety practices are essential to limit exposure.

Please read the Technical Standards Essential for Phlebotomy Practice listed below and complete the two questions that follow.

## Technical Standards Essential for Phlebotomy Practice

Functional Ability	Standard	Examples of Required Activities
Gross motor skills, fine motor skills and mobility	Gross motor skills for safe and effective laboratory activities; physical ability sufficient to move and maneuver in small spaces; full range of motion to twist/bend, stoop/squat, reach above shoulders and below waist and move quickly; manual and finger dexterity and hand-eye coordination to perform laboratory activities	<ul style="list-style-type: none"> <li>• Move within confined spaces, in laboratory, clinic and/or patient rooms</li> <li>• Standing, reaching, squatting over, around and under equipment that cannot be adjusted for height</li> <li>• Move around in work area and treatment areas. Position oneself in the environment to perform blood collection or instrument maintenance or to render care without obstructing the position of other team members or equipment</li> <li>• Ability to maneuver over cords, around analyzers, over counters and in tight passages</li> </ul>

Functional Ability	Standard	Examples of Required Activities
Physical endurance and strength	Endurance and strength on task for as long as a 12-hour clinical shift while standing, sitting, moving, lifting and bending to perform laboratory activities	<ul style="list-style-type: none"> <li>• Ability to stand/walk/bend/stretch for extended periods of time</li> <li>• Ability to reach over and into large centrifuges, move around instruments while delivering specimens, etc.</li> <li>• Ability to use arms and legs to access hard-to-reach areas</li> <li>• Ability to move or relocate equipment or lab supplies weighing up to 50 pounds</li> <li>• Ability to reach and operate overhead equipment and lift to overhead storage shelves</li> <li>• Maneuver compressed air tanks and attach them to a CO2 incubator</li> </ul>
Hearing	Auditory ability sufficient for physical monitoring of equipment, alarms and timers, and for assessment of client health care needs	<ul style="list-style-type: none"> <li>• Hear normal speaking-level sounds</li> <li>• Hear alarms and normal-function sounds</li> <li>• Hear auditory signals (timers, fire alarms, etc.)</li> </ul>
Visual	Normal or corrected visual ability sufficient for accurate observation and performance of laboratory processes, including color differentiation	<ul style="list-style-type: none"> <li>• See objects up to 20 feet away</li> <li>• Visual acuity to read computer screens, patient ID bands, and sample and tube labels</li> <li>• Interpret color change endpoint testing</li> </ul>
Smell	Olfactory ability sufficient to detect significant environmental and laboratory odors	<ul style="list-style-type: none"> <li>• Detect odors from instruments (e.g., burning or smoke)</li> <li>• Detect smell of faint amount of certain chemicals (spill)</li> </ul>
Emotional/ Behavioral	Emotional stability and appropriate behavior sufficient to assume responsibility/accountability for actions; ability to measure, calculate, reason, analyze, synthesize, integrate and apply information	<ul style="list-style-type: none"> <li>• Establish rapport with clients, patients, family members, instructors and members of healthcare team</li> <li>• Ability to work, at times under extreme pressure, with patients or samples that may be difficult to handle (e.g., due to appearance, smell or location)</li> <li>• Ability to use sufficient judgment to recognize and correct performance and problem solve unexpected observations or outcomes of phlebotomy procedures</li> </ul>
Professional attitude, communication and interpersonal skills	Professional appearance, demeanor and communication; oral and written communication skills to effectively and sensitively read, write and speak in English, and follow instructions and safety protocols.	<ul style="list-style-type: none"> <li>• Conduct self in a composed, respectful manner</li> <li>• Give and receive verbal directions</li> <li>• Follow written procedures with accuracy and efficiency, and be able to clearly document information, e.g., patient ID, etc.</li> <li>• Remain calm and maintain professional decorum in emergency and high-stress situations</li> </ul>

**Licensed health care provider's conclusions. Questions 1 and 2 must be answered.**

*If additional space is required for comment or accommodations, attach your explanation on letterhead stationery.*

1. To the best of your knowledge, do the results of your physical examination indicate that the student-applicant will be able to deliver safe and efficient client care while in Pima's Phlebotomy Program? If no, please explain.

Yes    No    \_\_\_\_\_

2. To the best of your knowledge, can the student-applicant perform all of the Technical Standards Essential for Phlebotomy Practice? If no, please explain and list any necessary accommodations.

Yes    No    \_\_\_\_\_

***Important: Please sign and provide provider information on the next page of this form.***

**ATTENTION STUDENT APPLICANT:** If your healthcare provider's response to Question 1 or Question 2 is "No," you must contact Pima's West Campus Access and Disability Resources (ADR) office to determine if a reasonable accommodation can be made. Enrollment into Pima's Phlebotomy Program will be pending evaluation by ADR and the Program.

**Licensed Health Care Provider (M.D., D.O., N.P. or P.A.)**

\_\_\_\_\_ Date: \_\_\_\_\_  
Signature of Licensed Health Care Provider

Print name of licensed health care examiner: \_\_\_\_\_

Title: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Street address: \_\_\_\_\_

City, State, ZIP: \_\_\_\_\_

**Clinical Eligibility Requirements**

**Required Immunizations**

All students entering Pima's Phlebotomy Program must meet eligibility requirements to attend the clinical laboratory. This is essential for the safety of the clients at the clinical facilities used by the program. The student must provide proof of meeting these requirements.

**Electronic copies** of immunization records and laboratory results of titers, **along with the Health Declaration/ Technical Standards Form, must be submitted by the student. DO NOT** submit any original paperwork.

- 1. MMR (measles/mumps/rubella):** Two doses (four weeks between doses) **or titer** demonstrating immunity
- 2. Varicella (chicken pox):** Two doses (four weeks between doses) **or titer** demonstrating immunity
- 3. Hepatitis B series:** Three doses **or titer** demonstrating immunity (or waiver if vaccination is in progress)
- 4. Tdap (tetanus, diphtheria and pertussis):** within the past 10 years, effective through the last day of the currently enrolled semester
- 5. Negative TB:** Two-step PPD (skin test) or chest X-ray or Quantiferon/T-spot within the past year
- 6. Verification of health insurance** with an electronic copy of the card. Must be valid/renewed/effective through entire Pima Phlebotomy Program
- 7. Negative urine drug screen** for substances of abuse. (Form to be provided by Pima Phlebotomy Program)
- 8. COVID-19 Vaccination:** Proof of vaccination
- 9. Arizona Department of Public Safety (DPS) Fingerprint Clearance Card** (copy of the card). Obtain an electronic application packet for fingerprint clearance by visiting [fieldprintarizona.com](http://fieldprintarizona.com), calling 602-223-2279 or faxing 602-223-2947. The student must complete this process prior to being admitted to the Pima Phlebotomy Program. Each student must pay for and submit the DPS form. This process takes a minimum of three to six weeks.

*Note: Some clinical sites do an additional student background check that may have an associated fee.*